Home-made Cranberry Sauce





Ingredients

- 4 cups fresh or frozen cranberries (14 oz.)
- ½ c Powdered Monk Fruit or Sweetener of choice
- ½ cup brown sugar
- ½ cup fresh orange juice (from 1 orange)
- ½ cup water
- 1 cup chopped Bartlett pears (about 2 small pears)
- 1 cup chopped fresh green apples (from 1 apple)
- ½ cup chopped toasted walnuts

Directions

- 1. Bring the cranberries, sweetener, water and orange juice to a boil in a large saucepan over medium-high, stirring often.
- 2. Reduce heat to medium-low, and simmer, stirring occasionally, until cranberries pop and mixture thickens, 12 to 15 minutes.
- 3. Stir in diced pears, and apple
- 4. Remove from heat, and cool to room temperature, about 30 minutes.
- 5. Top with toasted walnuts. Transfer to a serving bowl; cover and chill 4 to 24 hours.

Tips

Make It Ahead: The cranberry salads can be made 3 days in advance. Cover and store in the refrigerator.



