

Healthy Greek Yogurt Ranch Dressing



Ingredients:

- ½ cup nonfat plain Greek yogurt
- 1 teaspoon garlic powder
- ¼ teaspoon onion powder
- 1½ teaspoons fresh lemon juice (or can sub apple cider vinegar)
- ½ teaspoon dried dill or fresh chopped chives
- ¼ teaspoon salt, plus more to taste
- 2 tablespoons water to thin dressing
- Optional: ¼ teaspoon honey

Instructions:

1. Add all ingredients to a bowl or a mason jar and mix until well combined. If using a mason jar, you can simply put the lid on and shake the jar until well combined. Dressing serves 4, 2 tablespoons each.

Notes:

This dressing will stay good in an airtight container or mason jar for up to 1 week.