Checking for Bed Bugs in Hotel Rooms in 5 Steps

1. Mattress and Bed Frame
   - Bed bugs like to hide in tight spaces
   - Along the mattress seams and around zips
   - In the joint of the box springs
   - Along the slats
   - Under the mattress and box springs
   - In the crevices in the design of the frame
   - Behind the head board

2. Couches, Chairs and Pillows
   - Along the seams
   - Inside the covers
   - Around the zippers
   - Between the cushions and frame

3. Furniture, Walls and Floors
   - Where furniture meets the wall
   - Along seals of doors and drawers
   - Joints of the furniture (dressers and desk)
   - Along floor and wall crevices

4. Night Stands
   - Around ornaments and lamps
   - Picture frames
   - Along cracks
   - In drawer joints
   - Backs of stands

5. Luggage
   - Check fold out luggage racks where the webbing wraps around the frame
   - Avoid placing luggage on or near beds
   - Avoid placing luggage on the floor

What to Look for?
- Shed skin
- Blood smears
- Excretion (black marks)
- Live bed bugs
- Bed bug eggs (1mm. pearly white)

If you spot bed bugs or evidence of bed bugs, inform management and ask to be moved to another room – not next door to the affected room.

For more information on bed bugs, please visit www.tulsa-health.org/bed-bugs or call 918.582.WELL.

Adapted from Rentokil Pest Control