

The following guidelines apply to anyone not fully vaccinated against COVID-19. Vaccinated individuals should [follow CDC guidelines](#).

<b>COVID Yellow: Moderate Risk of COVID-19 Spread</b>		
<b>General Public</b>	<b>Outside the Home – Work, Social, In Public</b>	<b>At Home</b>
Physical Distancing	<ul style="list-style-type: none"> <li>• Limit activities outside of the home</li> <li>• Distance at least 6 feet from anyone outside the home</li> <li>• Work from home when possible</li> <li>• Individual outdoor activities such as walking, biking, etc. are acceptable</li> <li>• Cautious expansion of interactions with others, outdoor activities preferred</li> <li>• Gatherings and events only with modifications (i.e. physical distancing, face masks, etc.)</li> <li>• Follow <a href="#">CDC Travel Guidelines</a></li> </ul>	<ul style="list-style-type: none"> <li>• No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>• Quarantine and testing of symptomatic persons</li> <li>• Outdoor activities with distancing are acceptable.</li> </ul>
Face Masks	<ul style="list-style-type: none"> <li>• Face masks for anyone over 2 years old, when indoors or when physical distancing of greater than 6 feet is not possible.</li> </ul>	<ul style="list-style-type: none"> <li>• No face masks for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected</li> <li>• Face masks for symptomatic people</li> </ul>
Hand Washing	<ul style="list-style-type: none"> <li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li> <li>• Use hand sanitizer when handwashing is inaccessible or infeasible</li> </ul>	<ul style="list-style-type: none"> <li>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</li> </ul>
Illness Monitoring	<ul style="list-style-type: none"> <li>• If ill with Flu-like or COVID-like symptoms, <b>Stay at Home</b></li> <li>• Minimize contact with symptomatic people</li> <li>• Daily temperature checks at work</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for COVID-like symptoms</li> </ul>
Disinfecting	<ul style="list-style-type: none"> <li>• Avoid bare hand contact with any high touch surface</li> <li>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</li> <li>• Wash hands or apply sanitizer after touching high contact surfaces</li> <li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li> </ul>	<ul style="list-style-type: none"> <li>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</li> </ul>
At-Risk or Vulnerable Population	<p>For older adults, anyone with underlying health conditions, and other populations at heightened risk from COVID-19:</p> <ul style="list-style-type: none"> <li>• Stay home as much as possible</li> <li>• Rely on help for needs outside the home (groceries, medications, etc.)</li> <li>• Distance from those working outside of the home</li> <li>• Wear a face mask around others</li> </ul>	