

The following guidelines apply to anyone not fully vaccinated against COVID-19. Vaccinated individuals should [follow CDC guidelines](#).

COVID Green: Low Risk of COVID-19 Spread		
General Public	Outside the Home – Work, Social, In Public	At Home
Physical Distancing	<ul style="list-style-type: none"> • Limit activities outside of the home • Distance at least 6 feet from anyone outside the home • Work from home when possible • Individual outdoor activities such as walking, biking, etc. are acceptable • Cautious expansion of interactions with others, outdoor activities preferred • Gatherings and events only with modifications (i.e. physical distancing, face masks, etc.) • Follow CDC Travel Guidelines 	<ul style="list-style-type: none"> • No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected • Quarantine and testing of symptomatic persons • Outdoor activities with distancing are acceptable.
Face Masks	<ul style="list-style-type: none"> • Face masks for anyone over 2 years old, when indoors or when physical distancing of greater than 6 feet is not possible. 	<ul style="list-style-type: none"> • No face masks for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected • Face masks for symptomatic people
Hand Washing	<ul style="list-style-type: none"> • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating • Use hand sanitizer when handwashing is inaccessible or infeasible 	<ul style="list-style-type: none"> • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating
Illness Monitoring	<ul style="list-style-type: none"> • If ill with Flu-like or COVID-like symptoms, Stay at Home • Minimize contact with symptomatic people 	<ul style="list-style-type: none"> • Be aware of COVID-like symptoms • Contact medical care provider if you have COVID-like symptoms
Disinfecting	<ul style="list-style-type: none"> • Increased awareness of germ transmission through high contact surfaces • Incorporation of COVID-19 disinfection practices for high touch surfaces • Avoid bare hand contact with any high touch surface • Use barrier such as paper towel or clothing when bare hand contact is unavoidable • Wash hands or apply sanitizer after touching high contact surfaces • Normal disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures) 	<ul style="list-style-type: none"> • Increased awareness of germ transmission through high contact surfaces • Normal disinfection practices, with consideration for high contact surfaces (door/other handles, light switches, bathrooms)
At-Risk or Vulnerable Population	<p>For older adults, people with underlying health conditions, and other populations at heightened risk from COVID-19</p> <ul style="list-style-type: none"> • You do not have to stay home at all times, but should continue physical distancing when possible in public settings. • Cautious expansion of interactions with others, reengage in small social settings, outdoor activities preferred • Avoid large group settings and events with many people • Wear a face mask around others 	