Please Follow CDC Recommendations on social distancing

Social distancing, also called “physical distancing,” means keeping space between yourself and other people outside of your home. To practice social or physical distancing:

- Stay at least 6 feet (about 2 arms’ length) from other people
- Do not gather in groups
- Stay out of crowded places and avoid mass gatherings

In addition to everyday steps to prevent COVID-19, keeping space between you and others is one of the best tools we have to avoid being exposed to this virus and slowing its spread locally and across the country and world.

When COVID-19 is spreading in your area, everyone should limit close contact with individuals outside your household in indoor and outdoor spaces. Since people can spread the virus before they know they are sick, it is important to stay away from others when possible, even if you have no symptoms. Social distancing is especially important for people who are at higher risk of getting very sick.

Additional guidance on water and COVID-19

- Recommend reducing capacity to 50% and ensuring chairs and seating maintain 6 ft. physical distancing.
- Continue to maintain pool chemicals within the OSDH rules. Ensure that the sanitizer in the water is within range (chlorine 1–5ppm and bromine 2–4ppm).
- Provide Signage to limit capacity of restrooms and common areas to maintain 6 ft. physical distancing.
- Recommend wearing masks for staff interacting with customers, or staff that cannot maintain physical distancing due to the workspace.
- Remove or limit capacity of waiting areas to 10 or less people.
- Increased cleaning of frequently touched surfaces (tables, restrooms, doors, chair seats and backs, arm rests, etc.) in accordance with the CDC recommendations.
- Inform customers to refrain from visiting the establishment if they feel sick, have been exposed to someone with COVID-19, or are exhibiting symptoms.
- Screen/question customers, employees and vendors for symptoms. (cough, fever, shortness of breath, close contact with someone who has tested positive for COVID-19)
Employees:

• Workers with the symptoms matching COVID-19 should stay home.

• Workers who have symptoms should not return to work until they are 72 hours fever free and symptom free.

• Increased washing of hands with soap and water for at least 20 seconds.

• Remind employees to cover coughs and sneezes and use a tissue when possible. Also follow with an immediate hand wash of at least 20 seconds.

Employers:

• Be ready to implement strategies to protect their workforce from COVID-19 while ensuring continuity of operations.

• Limit use of high-risk staff (Age 65+, immunocompromised) (remove at Phase 3)

• Ensure that your sick leave policies are flexible and consistent with public health guidance and that employees are aware of these policies.

• If an employee is confirmed to have COVID-19, employers should inform fellow employees of their possible exposure to COVID-19 in the workplace but maintain confidentiality as required by the Americans with Disabilities Act (ADA). Employees exposed to a co-worker with confirmed COVID-19 should refer to CDC guidance for how to conduct a risk assessment of their potential exposure.

• Cross-train personnel to perform essential functions so that the workplace is able to operate even if key staff members are absent.

Please Follow CDC Recommendations on reopening hot tubs and spas.

New Guidance from CDC on Pools, Hot Tubs and Water Playgrounds during COVID-19

Extended Hot Tub/Spa Closures

Operating Public Hot Tubs/Spas

Please contact Roger Roth at 918-595-4328 or rroth@tulsa-health.org with any questions.