

TIPS ON TRAVEL WITH CHILDREN

- 🌀 Plan Ahead
 - Plan and organize the trip
 - Plan to take more frequent stops with young children
 - Maintain a routine for naps and meals
 - Allow more time to get to your destination
- 🌀 Allow for some "wiggle" time at rest stops
- 🌀 Make it your child's vacation too!
 - Plan around the interests and developmental level of your child (type of trip)
 - Allow for the needs of your child (comfortable clothes, car activities, easy snacks)
- 🌀 Set realistic goals in all of the planning
- 🌀 Pack some "surprises" to open during the trip
- 🌀 Have a positive attitude!